

Rialto Unified School District

Feb 1, 2024 thru Feb 2, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Thu - 02/01/2024																
MS BIC Breakfast	Total	3944														
Waffles, Vanilla	pkg	3944	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	3944	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	3944	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			450	21	363	6.26	0.99	291.7	668	247.50	43	14.03	72.76	10.48	3.01	0.00
% of Calories											38.2%	12.5%	64.6%	20.9%	6.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Fri - 02/02/2024																
MS BIC Breakfast	Total	3539														
Mini Donuts,WG Powdered Sugar	1 each	3539	280	0	290	2.00	1.08	20.0	110	0.0	22	5.0	42.0	10.0	3.00	0.00
Juice, AppleBerry,8ozHoll-2017	CARTONS	3539	110	0	0	0.00	0.00	0.0	130	0.0	26	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			501	4	427	2.00	1.70	284.1	740	0.34	65	13.42	89.43	10.35	3.21	0.00
% of Calories											52.2%	10.7%	71.3%	18.6%	5.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			476	12	395	4.13	1.34	287.9	704	123.92	54	13.72	81.10	10.42	3.11	0.00
											102.6%	11.5%	68.2%	19.7%	5.9%	0.0%

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Rialto Unified School District

Feb 1, 2024 thru Feb 2, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*								
Calories	476		400 - 550														
Cholesterol (mg)	12																
Sodium 1 (mg)	395		600														
Fiber (g)	4.13																
Iron (mg)	1.34																
Calcium (mg)	287.9																
Vitamin A (IU)	704																
Sugars (g)	54	45.59%															
Vitamin C (mg)	123.92																
Protein (g)	13.72	11.54%															
Carbohydrate (g)	81.10	68.17%															
Total Fat (g)	10.42	19.70%	<=30.00%														
Saturated Fat (g)	3.11	5.89%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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Rialto Unified School District

Feb 5, 2024 thru Feb 9, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 02/05/2024																
MS BIC Breakfast	Total	3539														
POP TARTS,Wh.Gr Strawberry-2013	PKG. of (2 ea)	3539	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Crisps, Apple-Strawberry '22	BAG	3539	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	3539	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			549	4	497	9.86	4.22	464.1	1567	0.34	61	12.42	113.71	4.85	2.21	0.00
% of Calories											44.4%	9.1%	82.9%	8.0%	3.6%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 02/06/2024																
MS BIC Breakfast	Total	3539														
FRENCHTOASTMini Choc Chip '23	SERV	3539	190	0	210	4.00	3.60	259.7	50	0.0	10	4.0	34.96	4.99	1.50	0.00
GRAPES,Fresh PKG '23	servng	3539	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	servng	3539	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			363	4	349	4.82	4.48	536.7	642	4.02	42	13.00	70.17	5.67	1.81	0.00
% of Calories											46.7%	14.3%	77.4%	14.1%	4.5%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 02/07/2024																
MS BIC Breakfast	Total	3944														
Sndwch Pncke, Beef Sausage '22	servng	3944	192	16	309	2.06	2.24	27.6	21	0.08	4	10.75	26.34	4.95	1.35	0.00
Juice, apple 8oz. Hollan-2017	CARTONS	3944	110	0	25	0.00	0.72	0.0	125	0.0	25	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			414	19	471	2.06	3.59	290.2	646	0.38	47	19.13	73.83	5.27	1.54	0.00
% of Calories											45.2%	18.5%	71.4%	11.5%	3.3%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/08/2024																
MS BIC Breakfast	Total	4069														
Concha, WG Pink-2017	1 each	4069	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3069	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			492	10	231	7.25	2.87	324.7	669	18.16	50	15.94	99.15	7.28	2.09	0.00
% of Calories											40.4%	13.0%	80.6%	13.3%	3.8%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/09/2024																
MS BIC Breakfast	Total	4286														
MAPLE CHICKEN WAFFLE SAND '23	1 EACH	4286	170	25	280	1.00	1.44	20.0	15	0.0	3	8.0	20.01	7.0	0.00	0.00
raisin, box 1.33 oz.	box (1.33 oz)	4286	113	0	10	1.70	0.67	23.4	0	0.87	25	1.24	29.91	0.09	0.04	0.00
raisin, box 1.33 oz.	box (1.33 oz)	4286	113	0	10	1.70	0.67	23.4	0	0.87	25	1.24	29.91	0.09	0.04	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3786	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			507	29	437	4.39	3.43	328.4	515	2.01	70	18.84	99.36	7.48	0.25	0.00
% of Calories											55.0%	14.9%	78.4%	13.3%	0.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			465	13	397	5.68	3.72	388.8	808	4.98	54	15.87	91.25	6.11	1.58	0.00
											104.4%	13.7%	78.5%	11.8%	3.1%	0.0%

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Rialto Unified School District

Feb 5, 2024 thru Feb 9, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	465		400 - 550		100%												
Cholesterol (mg)	13																
Sodium 1 (mg)	397		600		66%												
Fiber (g)	5.68																
Iron (mg)	3.72																
Calcium (mg)	388.8																
Vitamin A (IU)	808																
Sugars (g)	54	46.38%															
Vitamin C (mg)	4.98																
Protein (g)	15.87	13.65%															
Carbohydrate (g)	91.25	78.52%															
Total Fat (g)	6.11	11.83%			<=30.00%												
Saturated Fat (g)	1.58	3.06%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Feb 12, 2024 thru Feb 16, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/12/2024																
MS BIC Breakfast HOLIDAY	Total SERVING	3539	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 02/13/2024																
MS BIC Breakfast Cluster Brk, Whole Grain '22	Total 1 EACH	3539	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
GRAPES,Fresh PKG '23	serving	3539	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	3539	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			433	4	329	3.83	3.58	357.0	662	4.02	46	14.00	73.21	10.68	2.82	0.00
Nutrient Guideline			400-550		600						42.8%	12.9%	67.6%	22.2%	5.9%	0.0%

Wed - 02/14/2024																
MS BIC Breakfast Uncrustable, Grape Wheat -2013	Total 1 each	3944	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
Craisins 2020	servings	3944	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	3944	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			805	4	463	9.42	2.18	293.6	621	0.55	118	18.59	151.86	18.64	3.80	0.00
Nutrient Guideline			400-550		600						58.9%	9.2%	75.5%	20.8%	4.2%	0.0%

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/15/2024																
MS BIC Breakfast	Total	4069														
Pancakes, Confetti Bites 2022	pkg	4069	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG	4069	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4069	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3069	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			400	15	349	7.86	4.14	294.6	1567	0.59	42	12.74	74.29	7.61	1.37	0.00
% of Calories											41.6%	12.8%	74.4%	17.2%	3.1%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 02/16/2024																
MS BIC Breakfast	Total	4286														
BREAD,BANANA 2023	1 EACH	4286	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Juice, Orange,8oz. Hollan-2017	CARTONS	4286	110	0	30	0.00	0.00	0.0	140	60.0	28	2.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3786	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			384	23	250	1.41	1.21	274.6	684	62.27	*60	12.38	72.01	7.43	0.85	*0.00
% of Calories											*62.3%	12.9%	74.9%	17.4%	2.0%	*0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			505	11	348	5.63	2.78	304.9	883	16.86	*67	14.43	92.84	11.09	2.21	*0.00
											*118.5	11.4%	73.5%	19.7%	3.9%	*0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	505			400 - 550	100%													
Cholesterol (mg)	11																	
Sodium 1 (mg)	348			600	58%													
Fiber (g)	5.63																	
Iron (mg)	2.78																	
Calcium (mg)	304.9																	
Vitamin A (IU)	883																	
Sugars (g)	67	52.67%				Missing												
Vitamin C (mg)	16.86																	
Protein (g)	14.43	11.42%																
Carbohydrate (g)	92.84	73.48%																
Total Fat (g)	11.09	19.75%			<=30.00%													
Saturated Fat (g)	2.21	3.93%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

Feb 19, 2024 thru Feb 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/19/2024																
MS BIC Breakfast HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			400-550		600									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/20/2024																
MS BIC Breakfast	Total	3539														
Cinnis, Mini 2.29oz 2017	pkg	3539	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins 2020	servings	3539	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	3539	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			725	4	413	8.42	2.53	315.0	631	0.58	120	13.63	158.80	8.67	1.82	0.00
Nutrient Guideline			400-550		600						66.4%	7.5%	87.6%	10.8%	2.3%	0.0%
														<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/21/2024																
MS BIC Breakfast	Total	3944														
BAR, PEACH CHEERIOS 2023	1 EACH	3944	152	0	106	3.04	1.82	202.5	101	4.86	9	2.02	30.37	3.04	0.51	0.00
GRAPES,Fresh PKG '23	serving	3944	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	3944	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			325	4	245	3.87	2.72	478.1	693	8.84	42	10.98	65.64	3.68	0.80	0.00
Nutrient Guideline			400-550		600						51.2%	13.5%	80.8%	10.2%	2.2%	0.0%
														<=30.0	<10.00	

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Rialto Unified School District

Feb 19, 2024 thru Feb 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/22/2024																
MS BIC Breakfast	Total	4069														
FRENCH TOAST Mini Berry '22	SERV	4069	210	0	190	2.00	1.44	59.9	55	0.0	11	3.99	35.92	6.99	1.00	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3069	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	5	330	7.25	2.50	344.6	684	18.16	53	14.93	101.08	8.27	1.59	0.00
% of Calories											42.0%	11.9%	80.6%	14.8%	2.9%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Fri - 02/23/2024																
MS BIC Breakfast	Total	4286														
Mini Donuts,Wh Gr Chocolate	1 each	4286	300	0	290	3.00	1.08	20.0	100	0.0	20	5.0	39.0	13.0	8.00	0.00
Juice, Orange,8oz. Hollan-2017	CARTONS	4286	110	0	30	0.00	0.00	0.0	140	60.0	28	2.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3786	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			521	4	457	3.00	1.72	281.7	740	60.28	66	15.35	86.53	13.29	8.17	0.00
% of Calories											50.3%	11.8%	66.4%	23.0%	14.1%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			518	4	361	5.63	2.37	354.8	687	21.97	70	13.72	103.01	8.48	3.10	0.00
											121.7%	10.6%	79.5%	14.7%	5.4%	0.0%

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Rialto Unified School District

Feb 19, 2024 thru Feb 23, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage										
Calories	518		400 - 550		100%													
Cholesterol (mg)	4																	
Sodium 1 (mg)	361		600		60%													
Fiber (g)	5.63																	
Iron (mg)	2.37																	
Calcium (mg)	354.8																	
Vitamin A (IU)	687																	
Sugars (g)	70	54.08%																
Vitamin C (mg)	21.97																	
Protein (g)	13.72	10.59%																
Carbohydrate (g)	103.01	79.53%																
Total Fat (g)	8.48	14.72%	<=30.00%															
Saturated Fat (g)	3.10	5.38%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%																

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Rialto Unified School District

Feb 26, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 02/26/2024																
MS BIC Breakfast	Total	3539														
Bar, Cinna Toast Crunch '22	Package	3539	150	0	115	3.00	1.80	200.0	45	0.0	9	2.0	30.0	3.5	0.50	0.00
Crisps, Apple-Strawberry '22	BAG	3539	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	3539	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			339	4	252	6.86	2.42	464.1	612	0.34	40	10.42	68.71	3.85	0.71	0.00
% of Calories											47.2%	12.3%	81.2%	10.2%	1.9%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Tue - 02/27/2024																
MS BIC Breakfast	Total	3539														
Muffins, Choc.-20th Cent '24	1 ea	3539	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Juice, AppleBerry,8ozHoll-2017	CARTONS	3539	110	0	0	0.00	0.00	0.0	130	0.0	26	0.0	28.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3039	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			451	64	507	3.00	1.62	285.5	630	0.34	60	13.42	81.43	8.35	2.21	0.00
% of Calories											53.6%	11.9%	72.2%	16.7%	4.4%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Wed - 02/28/2024																
MS BIC Breakfast	Total	3944														
Uncrustable, Strwbry. WH-2017	1 each	3944	300	0	280	4.00	1.44	20.0	70	0.0	14	9.0	32.0	17.0	3.00	0.00
GRAPES,Fresh PKG '23	serving	3944	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	3944	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			473	4	419	4.83	2.33	295.6	662	3.98	46	17.96	67.27	17.64	3.29	0.00
% of Calories											39.3%	15.2%	56.9%	33.6%	6.3%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

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Rialto Unified School District

Feb 26, 2024 thru Feb 29, 2024

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/29/2024																
MS BIC Breakfast	Total	3944														
Waffles, Vanilla	pkg	3944	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	3944	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	3944	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	3444	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			450	21	363	6.26	0.99	291.7	668	247.50	43	14.03	72.76	10.48	3.01	0.00
% of Calories											38.2%	12.5%	64.6%	20.9%	6.0%	0.0%
Nutrient Guideline			400-550		600									<=30.0	<10.00	

Weighted Average			428	23	385	5.24	1.84	334.2	643	63.04	47	13.96	72.55	10.08	2.31	0.00
											99.7%	13.0%	67.8%	21.2%	4.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	428		400 - 550	100%				
Cholesterol (mg)	23							
Sodium 1 (mg)	385		600	64%				
Fiber (g)	5.24							
Iron (mg)	1.84							
Calcium (mg)	334.2							
Vitamin A (IU)	643							
Sugars (g)	47	44.33%						
Vitamin C (mg)	63.04							
Protein (g)	13.96	13.04%						
Carbohydrate (g)	72.55	67.75%						
Total Fat (g)	10.08	21.19%	<=30.00%					
Saturated Fat (g)	2.31	4.85%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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